

# Saint Louis School Annual Sports Day 2017/2018

## Athletics Record

### A Grade

100m	11.27"	Tsang Wai Hon	2001	RO
200m	23.61"	Wong Ho Man	2011	LI
400m	52.67"	Ho Cheuk Yin	2012	LI
800m	2'15.94"	Yeung Ka Wai	2013	RO(I.S.)
1500m	4'51.03"	Cheung Kwok Cheong	1994	RO(I.S.)
5000m	19'06.07"	Cheung Kwok Cheong	1994	RO(I.S.)
110m Hurdles	16.19"	Wai Chun To	2008	TH
400m Hurdles	1'02.41"	Wai Chun To	2008	TH(I.S.)
High Jump	1.65m	Ng Chor Pan	2000	RO
Long Jump	6.03m	Lam Ming Hong	2004	LI
Triple Jump	12.73m	Choi Kwok To	2002	LI
Shot Put	10.18m	Wan Chi Hang	2013	TH(I.S.)
Discus	29.74m	Yau Wing Ming	2009	LI(I.S.)
Javelin	45.59m	Keung Tsz Lok	2013	SH(I.S.)
4 x 100m Relay	48.15"	Lily	2001	
4 x 400m	3'53.16"	Shamrock	1999	

### Grade B

100m	11.23"	Fu Tsun Hao	1999	LI
200m	23.63"	Lau Kin Ho	1999	TH
400m	53.48"	Yeung Ka Wai	2012	RO(I.S.)
800m	2'10.48"	Ng Chun Yip Gavin	2012	TU(I.S.)
1500m	4'46.24"	Ng Chun Yip Gavin	2012	TU(I.S.)
3000m	10'18.98"	Ng Chun Yip Gavin	2011	TU(I.S.)
100m Hurdles	15.07"	Lai Lok Man	2013	SH(I.S.)
High Jump	1.67m	Lee Kwong Kee	1994	SH(I.S.)
Long Jump	6.00m	Yau Siu Wah	2013	TH
Triple Jump	12.26m	Yau Siu Wah	2013	TH
Shot Put	11.90m	Shek Kee Hong	1992	SH
Discus	32.08m	Lee Siu Fung	2010	TH(I.S.)
Javelin	34.92m	Li Ho Yin	1994	SH(I.S.)
4 x 100m Relay	46.97"	Shamrock	2012	
4 x 400m Relay	3'58.41"	Rose	2012	

### Grade C

100m	11.70"	Lam Chok Sau	1997	TH
200m	25.10"	Ho Wing Lim	2001	RO
400m	59.53"	Yuen Ching Ho	1994	RO(I.S.)
800m	2'21.66"	Yeung Ka Wai	2010	RO(I.S.)
1500m	4'54.66"	Ng Chun Yip Gavin	2010	TU(I.S.)
100m Hurdles	16.74"	Wu Ngai Chit	2012	TU
High Jump	1.52m	Li Chun Yuen	1997	TU
Long Jump	5.64m	Lau Hong Ching	1993	TU(I.S.)
Shot Put	10.53m	Hui Shui Kam	1993	SH(I.S.)
Discus	28.02m	Lau Ching Hong	2014	TU(I.S.)
4 x 100m Relay	52.43"	Shamrock	1993	
4 x 400m Relay	4'24.97"	Rose	1998	

\*\*\***(I.S.) = Inter-school Athletics Championships**