

博藝

本報著

第四十七輯第一期



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聖類斯中學博藝編輯委員會出版

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鳴謝：家長教師會贊助

總編輯的話

忙碌數月，《博藝》終於成功出版。靠的不只是本人綿薄之力，還有顧問老師和博藝委員不辭勞苦地付出時間和精力，本人由衷感激。本期《博藝》內容多樣，除了記錄大大小小的校園活動、訪問加入聖類斯大家庭的新老師外，還從小店的角度出發，報道港鐵西港島線通車對西區的影響，希望能引起同學對新舊文化交替的反思，關心屬於我們的社區。

關劭丰

昔日我是《博藝》讀者，細讀校園點滴；今天我是《博藝》總編輯，肩負出版重任。參與其中，方發現原來一本簡約的校園刊物，背後製作工夫是如此繁重。從學期初開始商議主題、分配工作，到進行採訪、執筆寫稿、設計排版，殊不簡單。現在看著桌上一本本製作完成、滿載眾人心血的《博藝》，實在感到欣慰。在此我要衷心感激每一位為今期《博藝》付出的同學和老師，有賴你們不懈的努力，使今期《博藝》更添色彩！

黎頌恆

二零一五至二零一六年博藝編輯委員會名單

總編輯：五丁 黎頌恆、五丁 關劭丰

副總編輯：五丁 蔡健行、五丁 黃皓霖

編輯：二甲 陳正朗、四甲 何嘉浚、四甲 馬彬富、四乙 梁倬熙、
四乙 文智達、四丙 蔡熹、四丙 鄧達朗、四丙 方若凡、
四丁 張賢達、四丁 吳卓儒、五丙 葉家裕、五丁 粘榮、
五丁 蔡澤豐、五丁 林皚峻、五丁 黃熙業、五丁 黃昱皓

設計及排版：五甲 戴栢源、五丁 黎頌恆、五丁 關劭丰、五丁 黃皓霖

攝影：五甲 戴栢源、五丁 蔡健行

顧問老師：張秀珠老師、馬寶婉老師、王寶珊老師、何偉良老師
Mr. Charles Henry Lane

答客問

呂耀榮老師

有好學者問曰：「君子喻於義，小人喻於利，是耶非耶？何世之人皆喻私利也？古之人所謂忘身死節，豈非謬哉？」

呂子曰：「有是哉！雖然，於今鮮矣。於夏者大臣關龍；於商者王子比干；周有伯夷叔齊；秦有太子扶蘇。有漢一代，上者若太史公以直言陷蠶室；下者若優伶以滑稽進忠言，於史殆不可數。洎晉以降，自郤以下，然亦不絕於董狐之筆。此皆盡己之賢人也，為義可以輕死生，況蠅頭微利乎？今之君子則不然。利於己則汲汲然而恐弗及，不利於己則不勞其心，不謀其政。事亦以利為衡，虛應故事，內欺於心，外欺於人，是以眾之利利己，己之害害眾也。嗟乎！孟子有言：『雞鳴而起，孳孳為利者，蹠之徒也。』匿怨而友，仲尼與左丘同恥；指鹿為馬，鄙夫不為。惟言利則罔怨直，泯是非，於心何忍哉！楊朱為我，拔一毛而利天下弗為；墨翟兼愛，致九死以利匹夫無悔，此皆治標忘本，執一廢百，聖人所不取也。夫天下萬物，莫不營營惜生，徇私忘公，小人之情也。古之君子鑒之，是以因利而導，使民盡其材，致其力，賢不肖皆得其所，公私得其中矣。若夫當仁不讓，功成不居，不伐善、無施勞，利不苟取，義不苟免者，君子也。至於盡忠可以忘身死節者，其聖也歟！」

問者曰：「得一言可以興邦。古之人不余欺也。」

聯社會展 展新姿

中五丁
黃昱皓、蔡澤豐



聯社會展是本校一年一度的盛事，各學會花盡心思，設計五花八門、千奇百趣的遊戲或是製作精美奪目的展板，讓同學在遊戲或資訊中了解各學會的特色。本年度聯社會展(J.C.E.)在二零一五年九月二十五日成功舉行。以下是聯社會展籌委會主席和各新成立學會會長的心聲。

聯社會展籌委會主席：吳一鳴

我很榮幸可以擔任今年的聯社會展籌委會主席。眾所周知，聯社會展是學生活動協進社(S.A.A.)首項活動，因此S.A.A.全體成員對J.C.E.十分重視，希望活動可以精益求精、十全十美。幸不辱命，今年的J.C.E.十分成功。活動的成功不僅是我個人的努力，更是全體S.A.A.成員及各學會籌委群策群力、不辭勞苦的成果。在此我要感謝S.A.A.顧問莊榮傑老師、全體S.A.A.成員及各學會籌委，沒有你們的付出，聯社會展絕不可能辦得有聲有色。

由學生變成主席，身份的改變令我有所體會：首先擔任主席，使命和責任很大，必須時刻督促自己努力做好每一個細節，加強各部門的溝通；其次，要活動順利舉行，事前周詳的考慮和準備是很重要的，必須擬定多個後備計劃以應付不同的突發情況。這次寶貴的經歷令我獲益良多。



籌委會主席吳一鳴

MASTERMIND CLUB會長：何承晉

我今年是第二年在J.C.E.擔任工作人員，因此對J.C.E.已經有了基本的認識。和去年不同的是今年我是以MASTERMIND CLUB的會長身份參與，壓力和負擔都較去年大，例如要自己設計展板，擔心沒有人來我們的展區玩遊戲等，因此我要花費更多心思去做好每一件事，幸好最後我的努力沒有白費，活動效果令人滿意。

MASTERMIND CLUB是今年新辦的學會，同學對這個學會認識不多。為了吸引同學，我們給同學利用平板電腦玩解鎖遊戲，結果，很多同學主動到來了解MASTERMIND CLUB是個怎樣的學會。我們將會在今年為同學提供嶄新的活動，例如「逃出班房」。同學的參與就是對我們最大的鼓勵，也是我們努力求進的動力。



新成立 學會會長 的心聲

< MASTERMIND CLUB
學會會長何承晉

視藝學會會長：黃皓霖

我們一班志同道合、對藝術有興趣的同學眼見學校每年大部份活動都環繞運動、學術、義工服務等，同學沒有太多機會接觸藝術。所以今年我們決定把沉寂數年的視藝學會重新啟航，成立新視藝學會。

視藝學會將以全新形象，為同學提供煥然一新的藝術體驗，從活動中重新認識藝術。我們的理念是：每一個人都是獨一無二的，每一個人有潛質創造別具一格的藝術，有別於一般的畫畫和勞作。我們視藝學會將會花心思加入科技和社區的元素，達到「藝術和社會創新」，令大家以新的思維認識藝術。成立視藝學會把互不相識的你我拉近。我是因為藝術而認識這班志趣相投的同學，一起承擔推廣藝術、服務同學的責任。今次聯社會展，我慶幸有一班知己和委員攜手合作，完成展覽的工作。同學對視藝學會的支持，將推動我們做得更好，就讓視藝學會在聖類斯同學的心田上播下藝術的種子吧！



> MASTERMIND CLUB攤位情況



> 視藝學會內閣成員合照
右三：會長黃皓霖

通識學會會長：陳仲仁

自新高中學制推行以來，通識教育成為同學的必修科，當中的內容和取分方法令同學苦惱煩厭，失去了興趣。因此，我們成立通識學會，提供有趣的活動給同學參與，讓他們從中探索不同的社會議題，以增強他們對時事的關注和興趣。聯社會展當日，我們準備了問答遊戲。就近期的社會議題向同學發問，包括資料題和思考題，同學反應熱烈。活動後我們發現同學對社會時事頗感興趣，對部份議題頗為熟悉。我們十分感謝同學的參與，盼望同學繼續支持通識學會即將舉行的連串活動。

>
通識學會
會長陳仲
仁



>
通識學會
展板

不一樣的體驗 第二十三屆世界童軍大露營

中五丙 黃凱威



港島第十六旅代表團成員合照

世界童軍大露營是四年一度的童軍盛事，不同國家及地區的童軍會齊集共聚。第二十三屆世界童軍大露營在剛過去的暑假在日本山口市舉行，一共有一百五十五個國家及地區，超過三萬三千名童軍參與，而我校有幸成為香港代表團成員之一。

前期準備 整裝待發



登機前留影

葉校長親臨送機



我們的大露營之旅

出發前半年，我校參與的領袖及童軍共21人已經開始為大露營做好準備。包括認識香港代表團的同團營友、籌備大露營內美食節活動、排練代表香港的表演等等。二零一五年七月二十八日，我們紛紛拖著一箱箱行李，浩浩蕩蕩出發到機場準備登機，校長更親自到機場和我們送別打氣。這一刻，十三天的日本之旅正式開展！

經過數小時的航行，我們於晚上十一時抵達日本，再乘搭三小時的旅遊巴士由福岡到山口。凌晨二時半，終於到達位於山口市的營地。我們馬上搭建營帳，稍作休息。清晨五時正，我們需要前往營地餐飲區領取食材，然後回到營區烹調早餐。日出後，眾人開始搭建富有國家特色的營區，我們香港代表團也設計了別具特色的營門，並高掛香港區旗。



七月二十九日晚上是大露營的開幕典禮，我們下午四時半便開始在大街排隊進入營地廣場，開幕禮在雷動的太鼓聲音下啟動。隨著大露營的開幕，大會所設計的活動在七月三十日陸續展開，大會為不同的活動設計了不同的主題：包括社區、和平、文化、科學、大自然、水上活動等，令我們大開眼界。每天我們步出營地，到日本不同市鎮進行不同活動，例如到日本的工業學校作文化交流、在海灘進行刺激的水上活動或登上營地附近的山丘尋幽探勝等。

黃凱威、孫德希代表香港參與升旗儀式

除了大會安排的指定活動外，營地設有不同的攤檔，例如童軍的換章地攤、集各國特色小食於一身的美食天堂、超級市場等。其中超級市場可算是人間天堂，因為市場內設有空調，各國營友都愛留連於這個清涼的人間天堂。大會在八月二日舉行了一場大露營演唱會，邀請了日本首相安倍晉三為演唱會擔任主禮嘉賓、日本的歌手組合演唱著名歌曲。歌手組合勁歌熱舞，把大露營的熱鬧氣氛推向高峰。

代表中的代表

出發前的三月，香港童軍總會要求每一個分團派出兩名童軍競逐擔任香港代表團代表，我們的分團領袖派出我和孫德希同學參與遴選，經過面試，我倆成功代表香港在大露營營區升旗儀式中升起香港區旗。看著香港區旗在世界各國飛揚的旗海中展翅飄揚，我倆心情激動不已。這個難能可貴的經歷，令我倆畢生難忘。

文化交流活動 —— 太鼓



告別草地 向福岡出發



香港代表分團成員共進野外午餐



童軍參與活動不忘合照

經過十天的營地生活後，轉眼便來到大露營的閉幕典禮。八月七日的閉幕禮由日本官員及聯合國秘書長青年特使致辭，緊隨的是世界童軍大露營的交接儀式，最後以燦爛的煙花作大露營的終結，為期十天的營地生活圓滿結束。

閉幕典禮後，我們一行十五人在凌晨一時啟程前往福岡機場，出發參與三日兩夜的家庭款待。每個款待家庭接待兩名童軍，期間款待家庭會帶我們到福岡的著名景點遊覽，體驗當地日本的起居飲食、生活文化，同時不少得的當然是吃喝玩樂，我們更爭取在日元貶值時盡情購物。短短三天的家庭款待相較十天的草地生活簡直有天淵之別。



我校童軍在交流活動上向其他國家童軍介紹香港地道小食糖不甩

活動花絮



日本著名歌手中川翔子在營地廣場表演



黃凱威同學手執香港區旗展歡顏

不一樣的體驗 十三天生活戀戀不捨

八月十日下午，我們由款待家庭接送出發到福岡機場準備歸航，入關時，各童軍依依不捨。因颱風關係，回程的航班延誤了三小時，回到香港已經是凌晨三時多，一眾童軍背著疲倦的軀殼回家。

十三天的大露營生活所得到不只是回憶，還有我們在香港不容易得到的體驗：能夠與師長同學一同出國，一同生活十多天，這些美好時光是珍貴的；能夠和不同國家的童軍交流，能夠得到款待家庭的熱情招待，這些寶貴經歷是難忘的。

總括而言，第二十三屆世界童軍大露營已經在我們中學生涯寫上精彩的一頁。錯過了的還有機會，下一屆世界童軍大露營將會在二零一九年於北美洲舉行，屆時你一定不容錯過啊！

正佳鞋業公司

正佳鞋業公司

西環面面觀

採訪：黎頌恆 黃皓霖 林禮峻 葉家裕 文智達 梁倬熙



急促的城市步伐，加快了舊區重建。西環原是一個偏僻寧靜的舊區，他區遊人甚少光臨；但自從落實興建港鐵西港島線至二零一四年十二月二十八日正式通車這短短數年間，古樸的西環起了變化：具歷史價值、富人情味的小店面臨拆卸，新式店舖源源湧入，這些改變是否為西環帶來新景象？現在就讓我們帶你尋遍西環的大街小巷，發掘被人忽略的故事……



關興記 豆腐飄香九十年

中五丁 黎頌恆

爬上斜斜的正街，在第三街往右拐，嗅到了陣陣豆香，看見一間古舊的小店陳列著一磚磚如白玉般的豆腐，上面懸掛著各式各樣的豆品，再往上一看，是以傳統紅字寫上老字號「關興記」的牌匾。

走到店前，正在忙著切豆腐的老闆娘關太一看見我們，便立即放下手頭上的工夫，熱情的前來迎接，帶領我們步入店內。她邊走邊說：「我的兒子也曾在聖類斯中學讀書啊！」使我們倍感親切。

店內光線柔和，四周放滿醬料，醬料的味道和豆香混成一體，散發出一陣古樸的氣息。

談及「關興記」的歷史，關太驕傲的說：「就計『關興記』這個招牌，已經有接近九十年了。」充份表現出她對能守住家業的一份自豪。

講到西環一帶的人情味，關太不禁搖頭慨歎：「現在人情味愈來愈淡薄了。我年輕時與家人同住十五層高唐樓的頂樓，出入時經常會遇見各戶鄰舍，見面必定會打招呼；現在幾乎每棟大都以升降機接載，我的住所也不例外，出入很少機會遇見，甚至連隔壁姓甚名誰也不知道！」

但問及「關興記」與顧客和附近店鋪的關係時，關太立刻回復笑容滿臉：「顧客在這裡不是像超級市場般買完東西就離開，有時會逗留片刻，談談天，街坊路過也會打個招呼；閑時更會跟店鋪的人談及烹飪，分享煮食經驗，人情味甚濃。」

對於港鐵西港島線通車後對本區的影響，關太回應正面。她指出通車之前很多人對「西營盤」並不熟悉，被問到其店鋪位置時只會答「西環」；但自從「西營盤站」的出現，很多人都認識了「西營盤」，對這個地方再不感到陌生了。此外，由於交通變得方便，很多來自其他區份的人還專誠慕名前來「關興記」，拍個照，在香港碩果僅存的一間舊式豆品專賣店留下足跡，品嚐一下遠近馳名的豆腐花，又或是買磚豆腐回家烹飪料理。眼見不少新一輩仍懂得欣賞這種傳統豆品，關太感到十分欣慰。

被問及「關興記」在競爭激烈和大財團加租的大環境底下如何掙扎求存，關太自信的道出她的營商之道一窮則變，變則通。「我原本只賣豆品，但隨著要面對愈來愈多的挑戰，我開始兼賣雜貨，臨近端午節時更會賣糰子，還非常受歡迎呢！隨機應變，自能吸引更多客源，開拓生存空間。」然而她也坦言以此賺大錢是不可能的，能夠維持日常生活，確保衣食無憂、有足夠金錢支付夥計薪金，就已經心滿意足。

她還不忘感謝一眾夥計：「我很感恩我擁有一班很能幹的夥計，沒有他們，『關興記』也不能在風雨中捱到今天。」

面對區內愈來愈多有價值的傳統舊式小店逐漸消失，關太表現出她豁達的人生態度：「人老了，總有一天會離開，根本沒有甚麼值得可惜，舊式店鋪亦然；你去逛逛『鹹魚欄』（德輔道西、梅芳街、正街及桂香街一帶），看看還有多少檔是賣鹹魚的，也不過剩下幾檔了吧！隨著西方文化的沖刷，舊式小店始終會被時代淘汰，實在沒有甚麼值得可惜的。」

對於般咸道樹牆被移除一事，關太認為要「兩睇」。「我跟般咸道電梯口賣報紙的那個檔主認識已久，那倒塌的大樹正正擊中他的頸部，使他頸椎移位，要動手術矯正。」關太的雙眼骨碌骨碌地轉，流露出她對舊朋友的關心：「幸而電梯的蓋頂和排檔給他攔住，否則他早就死了。」「很多市民不滿樹牆被移除，使他們失去了遮擋太陽的樹蔭；但我見樹根已使路面拱起，石牆似乎快已承受不住，隨時有倒塌的危機。加上電梯口人流和候車人數繁多，以石牆的樹之巨大，將對附近居民構成重大威脅。始終人命攸關，政府的做法也有其原因，因此要『兩睇』。」

步入黃昏，買菜的人漸多，我們不好意思賴在店內打擾，我們在顧客堆中匆匆和關太道別；臨別時，正急忙應付顧客的關太，還不忘擠出一句：「要甚麼資料歡迎隨時再來問我！」在嚴寒之下更覺窩心。

我們必定會再來的，臨別還不忘買磚豆腐回家細味品嚐！



地址：西營盤第三街68號

香港聖類斯中學家長教師會

第二十二屆執行委員會(2014/2015)會務匯報



各位會員：

「香港聖類斯中學家長教師會」第二十二屆執行委員會之任期即將屆滿，本人謹代表家長教師會衷心感謝校監林仲偉神父及校長葉偉明博士的信任和指導、各位顧問老師的積極協助和推動、各位家長執委和會員的支持和參與。

在過去一年，本會成功舉辦多項學術和文化康樂活動，包括「分級家長資訊日」、「中一簡介會」、「2014聖誕聯歡晚會」、兩次的「健康教育講座」、「2015五會新春團拜」、四次的「家長互助小組」聚會及講座、「感恩節晚會話劇演出」、「2015環境教育親子遊」、「通識教育研討會」、「親子網球比賽」、「公開說話技巧班」和「中一暑期英語銜接課程」等項目。參加人數非常踴躍，成績令人鼓舞，達到親子和睦、家校合作的精神。

在資源運用方面，本會執行委員會均謹慎理財，歷年來向政府申請資助，均獲批准。本會除了資助學生報『博藝』出版外，亦有撥款資助學生參與課外活動的交通費及膳食開支，為培育同學方面盡一點綿力。

與學校其他關連組織合作方面，本會於「中一簡介會」、「2015五會新春團拜」、「感恩節晚會話劇演出」、「健康教育講座」、「家長教育講座」、「公開說話技巧班」和「中一暑期英語銜接課程」等項目上，均分別與「香港家庭福利會」、「聖類斯舊生會」、「聖類斯舊家長會」、「天主教家長會」和「聖類斯中學小學部家長教師會」合作；而本會亦有參與「慈幼會屬校家教會聯會」，並舉辦及參與「慈家聯」的聯校境外活動。

在聯繫家長方面，除已創立的「家長互助小組」，定期與家長會面並互相交流教兒心得，其中Whatsapp群組更多達一百名家長參與，日常遇到疑難時，即可發揮助人自助，互相給力的精神；本會聯絡小組亦積極招攬義工，期間共招募了76位家長義工，成立「家長義工團隊」；協助本會舉辦各項活動，令活動得以順利推行；家長義工並於學期開始已為學校圖書館擔任「圖書管理員」及「電腦室管理員」一職，於學校午膳及放學時段為同學服務。

最後，本人再次代表家長教師會感謝學校及全體老師、各家長執行委員、家長義工們和家長會員們對本會的支持，希望大家繼續努力、分工合作、熱心參與日常會務工作，加強學校與家長的溝通和聯繫。現將本屆(第二十二屆)會務簡介如下：

27.09.2014	召開香港聖類斯中學家長教師會第二十一屆(2013/2014年度)全體會員周年大會，出席會員共74人。首先由校監林仲偉神父致歡迎辭，校長葉偉明博士致開會辭，會長陳玉英女士作第二十一屆(2013/2014年度)會務匯報，司庫陳詠詩女士作財務報告。並選出新一屆七位執行委員會家長委員，包括會長陳玉英女士、副會長林寶琴女士、秘書陳鳳明女士、司庫陳詠詩女士、總務鄭志成先生和兩位幹事莊傑夫先生及劉嘉明女士。
07.10.2014	第二十二屆(2014/2014年度)執行委員會第一次會議，出席委員11人，列席嘉賓及家長8人。
11.10.2014	與校方合辦的「中四、中五、中六分級家長資訊日」，為促進家長、老師和校方之間的了解和合作。共58位中四家長、53位中五家長及37位中六家長出席參加。

25.10.2014	與校方合辦的「中一、中二分級家長資訊日」，為促進家長、老師和校方之間的了解和合作。共106位中一家長和70位中二家長出席參加。
08.11.2014	協助校方主辦的「中一簡介會」，分派各義工於五個課室，與有興趣入讀本校的同學及家長分享交流，共18位家長執委及家長義工出席參與。
15.11.2014	與校方合辦的「中三家長資訊日」，為促進家長、老師和校方之間的了解和合作。共108位中三家長出席參加。
15.11.2014	舉辦「家長互助小組」，讓家長間互相交流，分享育兒心得，一同分析常遇到的親子問題，以期達致助人自助、互補不足及互相幫忙的精神。第一次聚會主題為「上網、打機沉溺」，由家福會社工溫先生帶領討論，共22位家長出席。
05.12.2014	第二十二屆(2014/2015年度)執行委員會第二次會議，出席委員11人，列席嘉賓及家長7人。
17.12.2014	舉辦「2014聖誕聯歡晚會」，合共151人參加(包括委員、嘉賓、家長及同學)。本會於是次活動支助HK\$2,043.50。
10.01.2015	舉辦「家長互助小組」第二次聚會，主題為「父母如何一致地管教子女」；由家福會社工溫先生及謝姑娘主講，共11位家長出席。
24.01.2015	舉辦「做個身心康健的家長」健康教育講座，邀請舊生羅學敬醫生主講，主題是關於日常生活的小習慣對健康的大影響、個案分享及提問環節；是次講座共33位家長出席。
06.02.2015	第二十二屆(2014/2015年度)執行委員會第三次會議，出席委員10人，列席嘉賓及家長1人。
12.02.2015	收到一位有心的舊生羅定國先生(1984年畢業)為回饋母校及幫助有需要的同學，特別送出價值HK\$280.00的眼鏡架連鏡片及驗眼服務予有需要同學。本活動由本會負責統籌及派發優惠卷，共送出74張優惠卷予同學。
28.02.2015	本會資助學生出版本學年第一期學生報『博藝』。
07.03.2015	與「聖類斯舊生會」、「聖類斯舊家長會」、「天主教家長會」和「聖類斯中學小學部家長教師會」合辦「2015五會新春團拜」，本會負責主持遊戲節目，共16位執委及家長出席，贊助禮品共支出HK\$225.00。
13.03.2015	參與學校「感恩節晚會」話劇演出，劇目『The last days of Madam Jane Chan』由呂耀榮老師編導，參與的台前幕後工作人員包括老師、家長、舊生及同學共15人。演出十分成功，並得到各方讚賞。
21.03.2015	舉辦「濕疹與皮膚敏感的解碼」健康教育講座，邀請舊生韓錦倫教授主講，主題是解構普羅大眾對濕疹及皮膚敏感療法的誤解及謬誤、正確的根治方法、個案的分享及提問環節；是次講座共31位家長及老師出席。
18.04.2015	舉辦「家長互助小組」第三次聚會，主題是「認識及處理青少年焦慮情緒」；由醫院管理局兒情計劃註冊社工主持；共16位家長出席。

24.04.2015	第二十二屆(2014/2015年度)執行委員會第四次會議，出席委員11人，列席嘉賓及家長4人。
02.05.2015	協辦「親子網球比賽」，是次活動共有22人報名參加，包括學生、家長、舊生及教職員等，分為公開組及學生組比賽。是次活動由本會贊助獎盃及獎牌，共支出HK\$1,656.00。
17.05.2015	舉辦2015年度「環境教育親子遊」，參觀香港鐵路博物館；汀角灣BBQ及暢遊十二生肖家樂徑等。參加者共55人(包括執委、嘉賓、家長和同學)。本活動由家校合作撥款津貼HK\$5,000.00。
23.05.2015	舉辦「通識教育研討會」，是次活動有64位家長出席。講座內容包括：通識科老師課堂示範、講解考試題目、評分準則及舊生分享應考經驗等。
05.06.2015	第二十二屆(2014/2015年度)執行委員會第五次會議，出席委員12人，列席嘉賓及家長6人。
27.06.2015	舉辦「家長互助小組」第四次聚會，主題為「共創更好的網絡世界 - 如何教導Apps世代?」，並邀請香港家福會青少年服務經理吳浩希社工主講，內容環繞了解現今青少年最新網絡文化；分享家長管教攻略；青年網絡大使分享等。是次活動首次結合同區其他中學家長一同參與，本校共23位家長出席。
09.07.2015	學校「中一新生註冊日」，本會派出八位執委及家長義工協助及講解「中一暑期英語銜接課程」資訊。
10.07.2015	本會資助學生出版本學年第二期學生報『博藝』。
18.07.2015 25.07.2015 01.08.2015	協辦校方的「公開說話技巧訓練課程」，由本會永遠榮譽會員戴鴻瑜先生主講，對象是中四及中五學生，課程分三個星期六共九小時，共15位同學參與。表現突出的學員，將獲派擔任「中一暑期英語銜接課程~結業禮」、「中一迎新日」及「中一簡介會」司儀崗位，以期學以致用。
03.08.2015 ~ 14.08.2015	協辦「中一暑期英語銜接課程」，活動為期10天學術課程及1天日營。活動開支由校方支付，所有中一新生必須出席。導師方面，每班(共四班)均會安排一位老師、一位畢業生及一位中四升中五同學負責；而畢業生及學生導師有一定要求，並需接受面試挑選。本年度更有四位新任老師加入，於暑期時先行了解本校中一同學。
15.08.2015	協辦「中一暑期英語銜接課程」結業禮，是次活動合共有104位家長及所有中一新生出席。活動內容包括校長葉偉明博士、本會會長陳玉英女士、家長義工、註校社工及部份學生分享如何適應中學生活，更有童軍及醫療輔助隊簡介；最後，頒發結業證書及表現優異證書予中一同學。
21.08.2015	第二十二屆(2014/2015年度)執行委員會第六次會議，出席委員9人，列席嘉賓及家長6人。
29.08.2015	舉辦家長義工茶聚，以感謝各家長義工於整個學年的付出和參與，共35位家長義工參加。

會長 陳玉英 謹啟
2015年9月19日

新老師專訪

「樂」貫中西 — 廖庭芝老師

中四甲 何嘉浚

廖庭芝老師，相信每一級別總有幾位同學認識她，她是我校中一和非華語組別的中文科老師。

廖老師於香港中文大學完成中國語文及文學和中文教育雙學位，以及於香港大學完成科學碩士課程，主修環境管理。她曾擔任香港中文大學的中樂團團長，對中樂有相當的認識。閒餘時她喜歡學習其他範疇的東西，例如她懂得日、法、西班牙文，更是一位救援潛水員。

緣分牽引 教法多變

多才多藝的她現今在聖類斯中學教書，也算是一種緣分，因為她的音樂老師原來就是聖類斯的舊生！廖老師覺得聖類斯的學生十分活潑並擁有不錯運動神經，某些同學更在文藝方面得到不錯的成績，對學生有良好的印象。今年廖老師加入了我校的中樂團，努力融入聖類斯的大家庭。

廖老師認為教非華語學生和教普通學生有差別，教導方法亦迥異。教非華語學生時，她會用特別的方法吸引他們加深對中文的興趣，好讓他們更容易融入香港社會，減少生活上遇到的困難，例如她會播放動新聞去讓他們多說多聽，或用生活化的例子解釋比較抽象的概念。由於非華語學生的中文考試擔子比一般學生輕，因此廖老師覺得和他們建立朋友關係更有利幫助他們渡過中文上的難關。她最希望非華語學生可以用流利的廣東話融入香港生活，



減少生活上遇到的困難，例如她會播放動新聞去讓他們多說多聽，或用生活化的例子解釋比較抽象的概念。由於非華語學生的中文考試擔子比一般學生輕，因此廖老師覺得和他們建立朋友關係更有利幫助他們渡過中文上的難關。她最希望非華語學生可以用流利的廣東話融入香港生活，不要怕了說中文，連點菜也假手於人。她今年也教中一中文，雖然與學生課堂互動的機會比非華語的學生少，但她也盡自己的責任用心去教導他們，亦儘量在習作簿中與學生互動、溝通，多了解學生平常的生活，以及向學生分享自身經驗。

改善態度 發揮專長

她最難忘的是於暑假期間處理各級中文溫習班的日子。她直言每一天都要打電話提醒同學回校是一件苦差，但卻又慶幸認識了一群不同背景的活潑學生。在暑期班中，她看到不少同學被困於「我成績不好，再做練習也不會懂」的框架中。記住，即使成績不好，這不是放棄努力學習的藉口；學習不是求分數，但求正確學習態度。每人的天資不同，吸收知識的能力亦不同，但正確學習態度卻是每個人都可以學到的，而這份態度適用於學習任何事物。用正確學習態度學習各方面的知識、技巧，同學總可找到自己的專長。

除了古箏、中阮、柳琴等中樂，原來廖老師對西樂也有認識，她於中學時學習定音鼓，在大學時更兼職鋼琴老師。她說無論我們學語言、體育、樂器、手藝也好，一旦開始了便應該定時練習，才可熟能生巧；不半途而廢並堅毅跨過難處，技術才可更上一層樓。她說音樂可以陶冶性情，讓自己管理情緒，建議學生也可以嘗試用音樂去放鬆自己，減輕自己的壓力。

最後，她寄語同學：不要浪費青春。學習不同的東西去填滿自己的時間，找出自己的專長。

以柔制剛—李宛澄老師 中四甲 馬彬富

李宛澄老師任教高中通識教育、初中地理和中國歷史。她畢業於香港浸會大學教育系，主修地理及通識教育，並完成社工輔導碩士課程。

加入聖類斯中學前，她曾先後在女校及男女校實習。當問及這兩所中學的學生與聖類斯學生有何不同時，她笑言：「女校的學生比較乖巧，答題較有條理；而男女校則是她的母校，師弟妹對她十分尊重，上課合作。不過，她考慮到若畢業後留在母校任教，那裡的老師只會視她為學生，給予過多的關顧，較難有發揮空間。李老師指出聖類斯學生都是善良的孩子，上課尚算投入積極。不同的是，高年級的學生比較自律，能夠交齊功課。」

李老師當初沒有想過要當一名老師，只因聯招放榜被派入教學系。在學期間她做過不少兼職工作，例如生態導賞、零售店銷售以及聖類斯小學功課輔導等。最終她發現最喜歡教學工作，因為她能將自己所知教授學生，並與學生建立友好互信的關係。這份滿足非其他工作可及。因此，大學畢業後，她毅然踏上教學之路。



在聖類斯的日子

李老師特別認同聖類斯中學的教學理念——自由與自律並重，不過她希望學生自律多於自由。當問及李老師如何處理學生不合作行為，李老師表示會以柔制剛，用溫和的眼神提醒學生，給學生改過機會，李老師深信教育不能缺少愛和包容。李老師與學生、同事相處融洽。學生善良活潑，從不惡意相待；同事親切友善，常常提點幫助。閒時李老師愛與其他新老師一起玩樂，友誼與日俱增。

去年七月，她首次與鄭穎章老師帶領學生前往台灣長庚大學交流。是次活動，她發現學生在外地懂得互相照應，隨機應變，令長庚大學的師生對他們留下深刻的印象。今年，老李師第一次與郭艷暉老師合作成為低年級班主任，面對一些秩序或者班會問題，她都會先知會對方，與對方商量，才制定處理方案。

給學生的話

不少學生認為讀中史和地理很困難，因此失去了學習的興趣，但她認為這兩個科目並不困難，她會把中史的內容變成一個個小故事，好讓同學追看下去；她更會以腦圖和精華筆記講述地理課本重點，避免用長篇大論的教學方式。如遇上與課題有關的話題或趣聞，她也會在課堂上與學生分享，以提升學生學習興趣。至於通識教育科，她會和學生一同探討社會最新資訊，她強調「答題技巧做到足，考試自能奪高分。」

最後，她希望學生在公開試盡力而為，這已經是她最好的回報了！



緣繫母校—馮加譽老師 中五丁 粘榮

馮加譽老師是我校二零一一年的中七畢業生，其後於香港中文大學主修中文教育，副修英文。今年回到母校任教，教授初中中文和普通話，並擔任我校紅社社監以及負責訓導工作。

從文心路歷程

馮老師在中學時代熱愛語文，興趣是「煲劇」和閱讀，尤好語言學書籍，愛探究語言現象和語音演變。馮老師覺得自己是一個理科中的文科人，又是文科中的理科人。相較傳統聖類斯學生，馮老師擅長回答理科長問答題目，而計算部分則較遜色。文科方面，單純是文學評鑒一類題目表現不甚優異，但以科學的角度去解釋語言現象，如語法的推演，便能得心應手。理科與文科最大的分野，前者重理解，後者重背誦。馮老師認為理科的思維有助自己在大學的語文學習，因為以理解為主導，不是一味的背誦死記，這樣更容易吸收知識。

當初自己入大學時，並未想過未來，只是純粹喜歡中文而修讀中文，但又為了保障自己，以副修英文維持自己的競爭力。回到聖類斯，自己是這兒的舊生，在聖類斯生活了七年，較為熟悉聖類斯的環境，面對昔日的老師的感覺很特別：他們既是同事，



在工作上會就學術問題交流討論；他們又是老師，畢竟「一日為師，終生為師」，不會忘記曾經受教之恩。此外，馮老師對於自己的學生有著一份情意，同時也是一種無形的壓力，馮老師在控制課堂氣氛，處理學生問題等方面期望自己能夠做到最好。

馮老師以前是我校學長聯會的一份子，現在擔任我校的訓導老師，暫時並未處理過一些嚴重的違規事件。但有些經歷在馮老師的腦海中仍記憶猶新：

「有一個社的要員遲到。他初時的態度不怎麼友善，後來我跟他說，倘若在運動會上，你的社員因遲到未能參與賽事，你的社被扣分，你在忿忿不平之際，他竟反過來挑你的錯，說你也曾遲到，你會如何面對？」

馮老師覺得，直斥其非有時候未必能夠發揮作用，使學生深思己過才最重要。動之以情，說之以理，這樣更能夠引起學生的反思，從錯誤中汲取教訓。

中文科考試

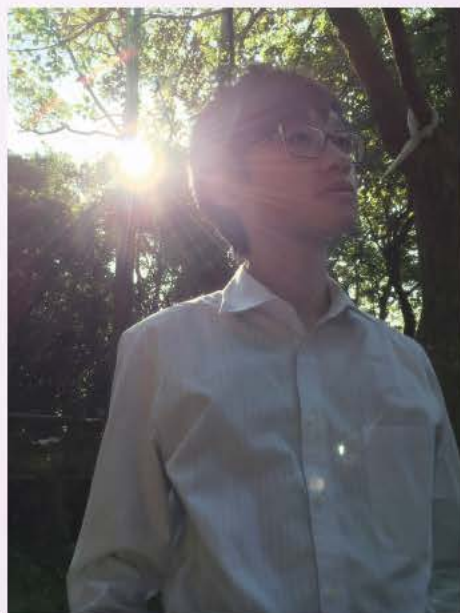
近年來，香港學生都十分擔憂中文科文憑試，無數的苦生即使其他科目考獲佳績，卻因中文一科未能達標而坐失大學夢，功虧一簣。有人更稱中文科為「死亡之卷」，然而馮老師卻不以為然，認為這個說法不太中肯。

中文科考試近年來經常改變考核模式，老師、學生俱疲於奔命，無所適從，這是不爭的事實；但學生沒有重視語文，平日缺乏思考，也是不爭的事實。學生若果有一定的文化素養，即使要閱讀艱深的文章、要面對不同的題種，答案也是「雖不中，亦不遠」，自然能夠取得一定的分數。

談及操練歷屆試題，馮老師認為這是學生必然要做的過程。學生應對中文科，一方面實戰經驗是不可或缺的，操練歷屆試題是要了解考試的題目；另一方面要注重文化素養的培養，多多觀察、留意身邊的事物。

面對的問題

回到母校工作已數月了，馮老師覺得時間管理以及任教普通話課是較大的挑戰。馮老師任教三班的中文課，每日都需要備課，同時間又要批改功課，負擔不免會重了點。馮老師又談到畢竟自己是一位土生土長的香港人，普通話只是第二語言，使用普通話就像是隔了一層似的，當中的語言轉換多少會花了功夫和時間。此外，普通話的課堂不多，沒有太多的時間和同學交流。不過說到底，同學都十分懂事，會自律，一個循環周一節普通話課亦未算吃力。馮老師希望自己能夠儘快適應新的工作，「做慣熟手」，提高工作效率，適應一個既陌生又熟悉的工作環境。



友善和藹—黃文朗老師

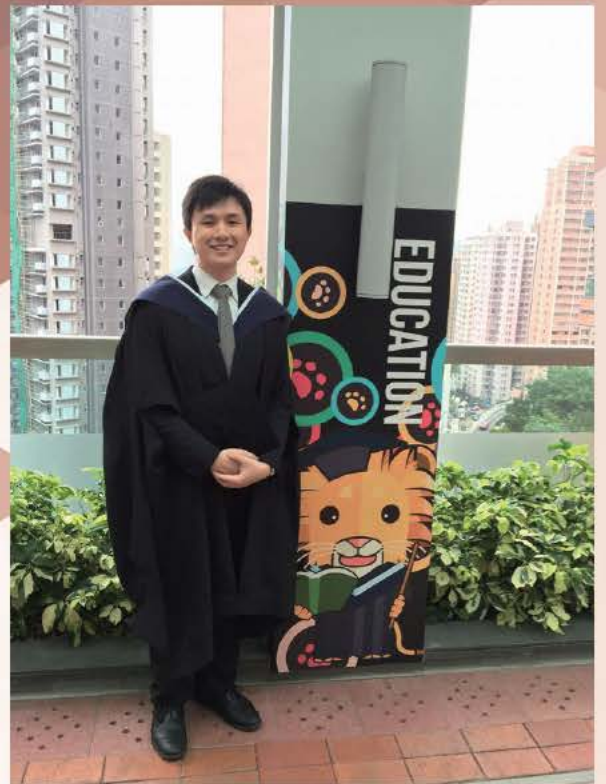
中四丁 吳卓儒

黃文朗老師是本學年的其中一位新老師，看他相貌堂堂，一表人才，一臉頗為嚴肅的樣子，以為他是一位嚴師。其實他是一位友善的老師，不但經常與學生交流，而且平日也喜歡與學生共進午餐。

認同融合教育 探求歷史真相

黃老師主要負責任教非華語學生的中國語文科。被問到教導非華語學生有甚麼困難時，他表示沒有太大困難。因為他所教導的學生人數不多，他們的中文底子也不差。他非常贊同非華語生與本地生的融合教育政策，認為他們既然來到香港讀書，就應該給予他們更多機會去接觸本地文化，而學習語文就是了解文化的最佳方法。作為東道主，本地生應該主動與非華語生交流和溝通，不應因語言隔膜而無視甚至杯葛他們。

黃老師除了任教中文科，也任教中國歷史科。他指出學習中史的主要目的不單是為了鑒古知今，更是要防止當權者篡改歷史，瞞騙大眾。他認為現今中國和香港社會，到處都有企圖歪曲歷史的人，他們希望藉歪曲歷史而操控社會的未來。他以抗日戰爭這段悲慘的歷史為例，當時共產黨並不是抗日的主力，但到了現在，中國共產黨卻大肆宣揚自己是當時擊退日軍的中流砥柱，他們更在二零一五年九月三日設立抗戰成功紀念日假期。在各人感激多了一天公眾假期放鬆身心的時候，大家對這段歷史的記憶便會逐漸變得模糊。也許再過數十年，人們就會完全忘記歷史真相，只記得中國共產黨在抗戰中有多麼「英勇強大」，而當權者便成功藉着歪曲歷史而操控未來，欺騙人民。故此，黃老師認為每一個學生無論有否修讀中國歷史，都應該為自己 and 社會負責，認識歷史。



亦師亦友 提升身份認同

談到本校學生，黃老師認為本校的學生十分友善，大部份學生見到老師都會主動打招呼，老師和學生之間亦師亦友，相處融洽，這是他理想的教學環境。然而他指出本校學生對學校的歸屬感不大，他曾經數度出席觀賞學界比賽，發現本校學生不會因自己是聖類斯學生身份而感到自豪，更一開始認定自己不能打敗其他名校學生，甚至輸掉比賽也覺得沒有甚麼太大不了。其他名校學生即使落敗也「輸人不輸陣」，反觀我校學生卻「輸人又輸陣」。他認為本校學生應多投入學校的活動，多為學校付出，才會因為自己是聖類斯的一份子而自豪。

黃老師很喜歡音樂，他認為音樂可以幫助他抒發感情。他希望能夠從音樂中找到樂趣，接觸更多同道中人，互相交流心得，讓平淡的生活有更多不同的體會。



time, Ms. Lim described St Louis School students as 'lazy but smart and caring'. 'Most of my students don't like writing,' she explained. 'But they like to challenge others during the lesson about their opinion, not out of malice but curiosity'. She also appreciates their passion in organising activities, but she reminded us that adequate time management is also very important.

As a member of the careers team, she suggests that their career plans should start in S2. She recommends students explore their hobbies and search for suitable university courses. In S3, students should have a more thorough understanding of the courses which they are aiming at, including the entry requirements, so that they could select the right electives. Some may need to eliminate some of the "dream" electives based on their abilities.



PHOTOS OF THE NEW TEACHERS



FROM PSYCHOLOGY TO EDUCATION

Written by **TSOI KIN HANG KENNETH SJD**

Ms. Lim Ching Fung is an HKU graduate who studied Psychology and Liberal Studies for education, is now teaching history in junior form and Liberal Studies in senior form.

Ms. Lim has once been an intern in other schools to assist teachers dealing with students with special needs. St Louis School is the place where she has her first full-time job as a teacher. Ms. Lim confessed that teacher is her ideal job because she loves getting along with youngsters. Her teachers in secondary school gave her unique and unforgettable experiences, which inspired her to be a teacher. She also thinks that what she learned in university, especially psychology, helps a lot in her teaching because psychology helps her find out the most effective ways to learn. This definitely benefits her teaching.

Ms Lim loves singing a lot, and she started playing the piano when she was still a small kid. Unlike most piano lovers, Ms Lim loves pop music rather than classical. Therefore she will sing along with the melody while she is playing on the piano at leisure. She will join some voluntary work at her free time, for example, the Red Cross Service Program. She also likes watching movies, especially those related to psychology. She considers movies as a good partner of learning. 'You can never master some theories in books, no matter how many times you read and try to understand them. But in movies, the characters explain the theories or principles through stories, and they make theories and principles get into your mind more easily,' she explained.

Ms Lim described herself as independent and caring. 'I would make a lesson plan and timetable for myself before the semester started,' she said. 'Many friends know that I have studied psychology before



and they would ask, 'Why would my boyfriend do this? Why would my girlfriend do this?' I think I'm a good listener. I would listen to them attentively so as to understand their doubts and even give them advice,' she said. Some students, also, will share their stories with her in their free time.

Ms Lim considers sincerity the most important element in making new friends or getting along with her colleagues. 'We encounter similar difficulties being a new teacher,' she said, explaining how she gets along with her colleagues, especially the new teachers. 'For example, discipline matters. A student in my class loved laughing at a high pitch, or to be exact, shrieking. I didn't know what to do and I shared this with them. One of them suggested me asking him to come to the staff room and show his talent. And then when this boy la-

ughed like this again, I followed their suggestion and the boy stopped laughing!' She smiled.

As an LS teacher, Ms. Lim thinks that this subject is fun yet challenging. It is because things around the world are developing and changing every day. As a teacher, she has to keep herself updated and equipped all the time. Apart from knowledge, Ms Lim believes that exam skills and an analytical mind are also required.

'Critical thinking is a criterion which makes me find LS a rather unique subject,' she continued. 'Not many subjects require students to have a critical mind, and that's why I think LS is unique.'

To improve liberal studies, Ms Lim suggests students can read news every day, which is also her daily routine. She emphasised that this should be done every day, but not just at leisure. It is because information and news keep updating all the time. 'Thinking about which module does the piece of news relate to and how would the question be if it appears in the exam could also help,' she added.

In her lessons, it is not difficult to see students sitting in groups. Ms Lim deems group discussion helps students a lot. She said that her experience in her school life stimulated this idea. Her teacher was just reading out the lines from the textbook, which was very boring. Through discussion, for the reason that she considers boys indomitable, students will help others spontaneously. Doing this not only helps students show their abilities but also improve their cooperation.

After teaching here for some

MR YEUNG – THE SPORTY BIOLOGY TEACHER

WRITTEN BY TSOI HEI S4C

Mr. Yeung Hon Pan is a new school teacher this year. He teaches Integrated Science in junior form and Biology in senior form.

In fact, his dream was not to be a teacher. At first, he wanted to be a doctor. Unfortunately, his results in A-level weren't good enough for him to reach his goal. He was sure that his interest lay in medicine and he wanted to be a researcher. At that time he thought of leaving Hong Kong but he didn't want to leave his family. Therefore, he decided to teach. He agrees that teaching can give him a great sense of satisfaction as it could share his learning experience with young people.

Mr. Yeung graduated from HKUST. He studied Biochemistry and got a bachelor degree. He studied Biology as his major. He loves these subjects very much. He thinks that studying Science can let us know what is happening around us. However, he encountered various difficulties when he studied Biology. The main difficulty was spelling as some of the words do not originate from English but Latin or Greek. Therefore, he understands that students need to take time to remember the spelling. He knows there are countless things to learn in studying Biology. Therefore, he tries to use different interesting methods to help our students to acquire the knowledge.

Why did Mr. Yeung choose to teach in our school? There are two reasons. Firstly, it's the glorious and long history of our school. Also, he mentioned that our students have good academic results and they are eager to learn. He felt proud that he could be a mentor of our students.

In his leisure time, Mr. Yeung likes playing basketball, bowling and cycling. He thinks that he can forget about his work at that moment. It helps him lower his pressure. Apart from sports, he loves to take photos as well. "Life is short so we need to treasure every moment that we have. It also helps us to capture the valuable moments. If we look back, we can still have the good memories," explained Mr. Yeung.

Mr. Yeung suggests students do sports in their free time as it keeps us healthy. It also helps us build our social network and reduce our stress. He thinks doing sports is fun especially in competition. It's because when we try to win the match, it can help us to understand sportsmanship.

Mr. Yeung has a good relationship with other teachers. When asked how he can maintain the relationship, he replied, "We respect and trust each other. It makes me feel comfortable and good. I can also learn from other teachers and get valuable advice from them."

It seems that Mr. Yeung gets along with most of the students well in this school. He thinks the most important factor to get along with them is to show respect and understanding. This lets students feel comfortable to accept his advice.

Also, he thinks as he is a teacher, he needs to be fair to every student. Although he has a close relationship with some of the students, he will punish them if they do something wrong. When Mr. Yeung punishes a student, he is not driven by his emotion but reason. He believes that every student should be fairly treated.



WHEN A MOTIVATED TEACHER MEETS MOTIVATED STUDENTS

Written by **CHEUNG YIN TAT S4D**

Mr. Lai Keng Wai, a new teacher this year, is now teaching English and Geography. He is also a new member of the Careers Team. He received his bachelor's degree in English from the City University of Hong Kong with first-class honours, his postgraduate diploma of education from the Hong Kong Institute of Education, and his master's degree in Teaching English to Speakers of Other Languages (TESOL) from the University of Edinburgh. Prior to joining St. Louis School, Mr. Lai taught at a local secondary school in Ho Man Tin and at Modern Education Ltd.

When asked about his first impression about the students at St. Louis School, Mr. Lai said that students were remarkably energetic in lessons. 'This actually creates a positive learning atmosphere in classrooms because the more students are engaged in classroom activities, the more they will learn,' he said. In addition, he observed that students in SLS were exceptionally kind-hearted. He illustrated his point with an example drawn from his own experience. 'I remember that there was a Form One student who silently kept offering me tissue paper in the classroom when I was sweating like a pig after rushing around at school,' he recalled. 'I was so moved by his action at that moment.'

Being an English teacher, Mr. Lai emphasized that students should not only concentrate on the receptive skills of English Language (i.e. listening and reading), but they should also pay attention to the productive skills of English Language (i.e. writing and speaking). He pointed out that input and output are not mutually exclusive components of language. Rather, they are equally important during the process of second language acquisition. Moreover, he noted that students might make use of the growing range of opportunities and resources available on the internet, virtual social networks and the media to support themselves with out-of-class learning.

As the DSE is coming closer and closer, Mr. Lai offered some words of encouragement to our Secondary Six students who may be buckling under the pressure of the public exam. "Remember 'stressed' is just 'desserts' spelled backwards. Whenever you are stressed during the exam period, treat yourself to a nice dessert. Exams are just a piece of cake if you understand that exams do not test your knowledge as much as they test your state of mind. So be relaxed and calm down!"

Lastly, when we asked Mr. Lai what he did in his free time, he said he loved reading fantasy novels and recommended two to SLS students: the Earthsea trilogy by Ursula K. Le Guin and the series of A Song of Ice and Fire by George R. R. Martin. He added that the latter novel had been adapted into an episodic TV drama called Game of Thrones.



Mr Wong Chun Yun is a new teacher teaching Economics, BAFS and Geography. He has a cool haircut, making him look professional and intelligent.

“I like dogs but not sports”

Although Mr. Wong looks sporty, he said he is not really a good team player so he doesn't play sports very often. In his free time, he loves playing with his dog, Coffee. In order to look after Coffee, Mr Wong sometimes leaves school early. Mr Wong also shared his secret that he met his girlfriend because of Coffee. He really cherishes the time with Coffee and he will be taking good care of Coffee till the end of its life.

A cool look but a loving heart

Although Mr. Wong looks cool, he is actually a warm-hearted and caring teacher on the inside. During lessons, Mr Wong is willing to answer students' questions patiently. He tries to make all students understand everything he's taught.

Something about Economics

As one of his students, I've learnt much from him regarding learning attitude. He always says some meaningful words to encourage us. For example, '1 day 1 small step, DSE 1 big step', etc. He said it is his wish to encourage students to strive for the best.

Mr Wong is the only teacher who teaches Economics in our school. He thinks that our school has a good learning atmosphere compared to co-educational schools. However, he does feel a bit stressful because the

student's results were outstanding in the previous years. Despite the challenge, he is determined to help our school maintain good results in DSE as Mr Chan, the previous Economic teacher, did. It is not surprising that some of the students study Economics but they actually don't know how to apply the knowledge to daily life. So is there any advice for our students? Mr Wong answered with a simple solution—learning Economics makes us 'smarter' in daily decision making and helps us understand why things happen the way they do. Mr Wong also gave us some tips for achieving good results in Economics. "Studying Economics is all about practice as the old saying goes- 'practice makes perfect'."

Be a good citizen!

Mr. Wong has high expectation of our students. Apart from academic achievement, he hopes that all students can be good citizens when they grow up. They should always put themselves into others' shoes and show understanding instead of criticism.



INTERVIEW WITH MR. WONG CHUN YUN

WRITTEN BY FONG YUEK FAN, BEN SAC

A SMALL STEP A DAY, A BIG STEP TO DSE Who?

A new teacher teaching Economics, BAFS and Geography.



THE THREE LS

MR LAWRENCE HO

“Don't forget the three Ls – Look around, Listen and Learn” a teacher kept nagging to his students on a travelling expedition. These three Ls hold true to those secondary five debaters who had a rare adventure joining an English debating competition in Shanghai. The debaters put the skills they learnt into practice, looking around and absorbing from the debating experience they came across in the competition and listening to the arguments presented by the opposing teams.

This mentally intensive debate challenge required students to attend six debates in two days. With great caution and undefeatable spirit, the boys improved their performances in free debate by having a crossfire in presenting sound and valid arguments spontaneously. This form of debate heated up the atmosphere by providing a genuine chance for both teams to listen, respond and justify their arguments and rebuttals, which formed the climax of the whole debate. The students involved have had a rewarding and meaningful exchange of ideas in those debates. Every time after the students left the competition room, they heaved a great sigh of relief and felt drained.

Surely the seven days Shanghai debating adventure was a rewarding and eye-opening journey for us, as we looked around, listened and learnt.



Indeed, we were nervous and unsure of free debate, but after the first competition, we learnt a lot from the free debate and discovered that being confident was really important.

One thing that was the most memorable was the practice we had every night with the other two teams from Hong Kong: St. Rose of Lima and Kowloon True Light. We practised together, sharing points with each other and building our friendship. The thing that really touches me is that we, the Hong Kongers, would still help each other out and work as a team together.



JACKY CHONG

This eleventh IELTS CUP Shanghai Senior High School Students English Debate Championship marks an unforgettable and memorable experience in my life. Apart from learning debating skills and acquiring new knowledge, it also helps me grasp a life principle that proves to be significant to my future success.

We won. We didn't win the competitions, but we won ourselves. We improved and performed better than before, becoming more confident and out-spoken when speaking in front of those judges and competitors in a dignified situation in English, developing spontaneous rebuttal skills that we have never experienced. We have learnt a lot after every failure. We learnt from others, we got wiser to reflect upon what we lack and why we lost, we knew how to do better next time.

After this trip, I have also acquired the principle of resilience - climbing up from our failure. If I give up quickly after losing the debate competitions, I am sure that I won't have the opportunity of winning.

GARY LAU

We had to admit that the secondary school students in China were doing way better than we were. Not only did they have myriads of strong and powerful points, they spoke English as fluently as a native and responded to the opponents so quickly without any second of thought. Some of them even articulated in heavy American accents! It was really surprising.

During this trip, I have learnt a lot from those competitors who came from Hong Kong and the mainland, ranging from rebuttal skills, presenting counter arguments to time management, to name but a few. We managed to finish a series of eight exciting competitions within two days. Though it was a stressful challenge, our team did a great job and became much closer than before.

TONY LAM

As a famous English saying goes "Rome cannot be built in one day," our team experienced a bumpy start in the beginning of forming a debating team. No one can perform like a master without assiduous training. Through the debating challenge, I realized that my English skills are not good enough. Having encountered those Shanghai students and some mock debate training with our Hong Kong students after dinner every day, I acknowledge the mighty power of comradeship and mutual support. Most of the debaters have been in the team for training for a long while, and they are equipped well with good debating skills. I am only a novice in this regard.

JEFF MAN

The trip to Shanghai is more than a vacation for all of us. It is a combination of a tense four-day debating challenge, followed by an unexpected three-day relaxation and sightseeing excursion. The matches were tense and fierce as some opponents were really strong and good at attacking some weak points tactfully that we were not so certain of. This shoulder-to-shoulder battle left us no room to fight back for the fact that we put ourselves at a vulnerable position and the opponents kept repeating we were not on the right track at all. Though at last we only ranked fifteen out of the twenty competing schools, we witnessed a high-quality debating competition between different schools in Hong Kong and China. I had a valuable adventure and made some improvement in oral English.

THEO LO

The most challenging part of our debate was the free debate sessions, in which both teams were free to exchange the strong points that favor their arguments and address the flaws of the other teams. It proved a sure challenge as none of us had experience in free debate. Therefore, when we practised for free debates, we always found our points being paradoxical and thus, needed to find ways to fix the problems together.

Students out there content themselves with learning and aiming high. They are not willing to let themselves be doomed to failure easily, and as such students speak surprisingly fluent error-free English and demonstrate extraordinarily rich world knowledge and critical thinking skills. It is so true that "all hard work brings a profit, but mere talk leads only to poverty." Living in our own St. Louis society, we see only our prominent self and become a big fish in this little pond which may be pleasant at times, but the pond we are living in is huge. Many students in China are improving at a speed that we do not notice. Very sadly, many of us are not even willing to accept the fact that their improvement has already surpassed everyone's expectation. It is time for us to admit that we are such a small fish in a big pond and it is time to make some changes.

SAM SO

This is the most memorable trip I have ever been on. I still cannot believe I would get a chance to go to Shanghai for a debating exchange. I was not only watching the competition, but also involved in brainstorming new ideas, developing team lines and rebuttals.



A recount of the Shanghai Debating Competition 2015



A small fish in a big pond or a big fish in a small pond?

Ms Crystal Chan

Human beings tend to live comfortably with not much pressure. We tend to feel satisfied with our own situation. This summer debate trip has inspired me to choose a road less taken and be a small fish in a big pond as I have witnessed a bigger world out there - Shanghai.

School is a relatively confined area where we see only ourselves. Students compete only with the peers sitting around them whereas teachers sometimes feel so "comfortable" that we forget to improve as we are the "master" of the class. Witnessing the debate competitions and preparation done by students in Shanghai and other schools from Hong Kong, I, however, have been sparked into reminding myself of how little we know and how badly we have to improve.

Thoughts of Mr. Lane

He hopes to encourage students to speak English and be confident to chat with him, which is also the goal of the English Corner, SPEAK IN ENGLISH WITHOUT BEING REMINDED. Mr. Lane can introduce activities to get students to speak more but he doesn't want to force them. It's all about fun and the Salesian spirit. Students should be allowed to have a break from the stress of the classroom at lunchtime.

He would like some help from teachers, as it is hard to run the English Corner alone, he admitted. But he knows that teachers are busy and they should not be expected to give up their lunchtime. English homework given to students usually focuses on reading and writing. That's the main idea of the English Corner **AN IDEAL PLACE TO RELAX AND SPEAK ENGLISH FLUENTLY!**

Another mind-boggling chess game!



A relaxing and fun-filled ambience

English Corner

Mission: To let students speak more English in a fun, relaxing way

Café: Free hot and cold drinks provided

Opening Hours: 12:30 to 1:30 (Lunchtime)

(Café on Tuesdays only)

Venue: MMLL(B), next to the basketball court

Activities: Play different kinds of games, listen to music, eat lunch, chat or play chess with other students or with Mr. Lane

Rules: Speak English & Be Polite

English Corner - Nest for English Fledglings

Chan Zheng Lang S2B, Tang Dad Long S4C

Origin of the English Corner

The English Corner was set up by Mr. Lane in January last year. He is not a Catholic but was inspired by the teaching methods of Don Bosco when he attended a Salesian Schools' workshop and watched a film about his life. The idea of playing games with students to learn more about them and gain their trust was very appealing to him. To emulate this, Mr. Lane set up the English Corner to let students relax, play games, have lunch, listen to songs and chat in English.

Information about the English Corner

Every Tuesday morning, when the Tuesday News is delivered, an advertisement for the English Corner is at the bottom of the article. At the end of the broadcast, Mr. Lane also reminds students that the English Corner is open.

The majority of students who go to the English Corner are junior form students. They play chess, card games, Scrabble and have their lunch. The most popular game is chess (western style) and Mr. Lane feels pleased to teach several students to play this challenging game. As students are in a relaxing atmosphere, they find it easier to chat with Mr. Lane in English.



Mr. Lane playing chess with a student



Scrabble Time

There are lawns everywhere and people like lying on the grass, taking a rest or reading books. Students in western countries understand the importance of relaxation, unlike citizens in Hong Kong who are leading stressful and fast-paced lives.

The day after our last day in the Sung Laboratory, we took the train to New York to spend our last week in United States. Combined with our experiences around Yale University, our trip to New York gave us a deep insight into American culture, especially lifestyle.

Katz's Delicatessen, a famous sandwich restaurant



Large sandwiches with lots of meat



Food stalls selling hot dogs on the street



The Time Plaza as a symphony of lights at night

If you are fortunate to be one of the awardees, you may or may not experience what I've mentioned... Please bear in mind that everything depends on your attitude and how proactive you are. Honestly, you can go to the laboratory or just sleep in your bed. You can do experiments or just play with your cell phone. The truth is how much you want to learn will determine what you can gain. We were eager to contribute to the laboratory, so we asked for work. Last but not least, as an intern of this programme, our attitude and manners are representing St. Louis School, the Alma Mater of Prof. Sung.

The internship has been a valuable experience for all of us. Throughout the trip, our understanding towards foreign culture had increased significantly. Apart from having our horizons broadened, it had been an enjoyable and fun way to spend our holidays. All of this would not be possible without the scholarship from our generous sponsors. We hereby thank all the sponsors sincerely and hope that the program can keep on benefiting more and more students of St. Louis School.

After a few days of shadowing, we could finally put our observations into practice. Apparatuses there were much more advanced than those we had used. At first, we assumed that there would be no difficulty in manipulating them after observing. Never had we thought that a minor mistake could cause trouble. For example, due to over-pressing of a dropper, we added double the volume of solution to the sample. As we all know, a little increase in the amount can affect things greatly, such as water potential, concentration... Let alone adding double the volume. A simple thing such as missing one addition can also lead to the failure of the whole experiment which usually lasts for hours or even days. Hence, we learnt to be cautious as we did not want to ruin their efforts.

At the very beginning, everything was new to us. The setting, chemicals, instruments were things that we had not come into contact with before. Therefore, the experiments and work were fun and attractive. However, when time passed, things had become familiar and... less fun. Everyday work was like a routine. I just wondered how the research team could keep their passion burning after years of researching. Persistence is what they showed us. Even though experiments have been done many times, they still insist on finding something special which will possibly be milestones in the research project.



The amazing night view of New York

Apart from working in the laboratory, we also made use of our time to explore the country. During the weekend of the internship programme, we went to Boston, an ancient and splendid city. The strong academic ambience makes Boston an outstanding city. We visited the two prestigious colleges - Harvard University and Massachusetts Institute of Technology in the afternoon of our trip.

Good preparation was all we needed throughout the trip. Before we got there, we needed to be familiar with Professor Sung and his research. He is currently working on DNA repairing, aiming at inventing new treatments for cancer. Once we got there, we were all ready to explore the new things that we might encounter. In fact, what we can learn as knowledge is not much in the laboratory as the field that they are researching is far beyond our knowledge. Even so, we learned the basic flowchart of their experiments and a process called Polymerase Chain Reaction (PCR). In terms of practical laboratorial skills, we gained much hands-on experience on using apparatuses.

However, what made the internship fruitful was not only those things mentioned above. To have the right attitude is another precious lesson that we have learned.

First of all, respect is an important element in co-operating with each other. Respect is not only about greetings. It is also related to punctuality, manners and responsibility. Even a tiny motion can reflect how respectful you are. When we were in the laboratory, we seldom talked in Cantonese as it was inappropriate to speak a foreign language in front of the research team. When we were waiting for the experimental results, we usually took a rest in the common room instead of the laboratory. We did not want to disturb others as the team was still working on their projects. Though we lacked knowledge and skills, we sincerely tried our best to help them.



The duty of Youth is to Challenge Ourselves

Chan Hau Chun, Leung Hiu Yan, Tong Yiu Hin,
Kwok Wing To (2014-2015 S6 Graduates)



Student interns
in the laboratory

We are honored and grateful to be the awardees of the St. Louis School - Sung Laboratory Yale University Programme. It was really a great experience for four teenagers to explore the world on their own, without any restriction.

Shortly after the Hong Kong Diploma of Secondary Education Examination, we set off to a brand new place, Yale University, where we experienced a 3-week internship programme. Without any disappointment, our trip was a fruitful and relaxing one.

Impressively, the campus of Yale University is actually quite massive and occupies most of the area of the city of New Haven. To begin our exciting journey in Yale University, we needed to find ourselves accommodation and what we got was a lovely small house located in Starr Street, right next to the Overseas Ministries Study Center of Yale University. We also had to take care of ourselves in New Haven, which we thought was a golden opportunity to train ourselves to be independent. From cooking to cleaning up the house, all the housework was done by ourselves. Luckily we adapted to such a lifestyle very soon.



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