**ANSWERS**

1. If something is **mandatory**, you must do it.
2. **Obesity** is a problem in all developed countries. The richer we are, the fatter we get.
3. If you work hard, you can **achieve** great things!
4. Food, heat and water are **vital** for survival.
5. If you want to lose weight, you need to **reduce** the amount of calories you consume.
6. When **sodium** is combined with chloride, the resulting substance is a crystal called table salt.
7. **Guidelines** give you advice on how to do things.
8. **Consumers** are people who purchase goods and services for personal use.
9. It’s important to reach a **consensus** soon. If we don’t all agree on this matter, we may have a serious problem.
10. **Drastic**(extreme, serious) measures are needed if we are to tackle climate change.