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ST. LOUIS SCHOOL ANNUAL PLAN 2019-2020**SUBJECT / TEAM****HEALTH EDUCATION****(I) Aims**

1. To develop and strengthen the Whole Person Development of students through enhancing their intellectual, physical, professional, psychological, social and spiritual capacities.
2. To promote health and increase health awareness in the school.
3. To conduct and coordinate health education programmes and promotion activities within and outside the school.
4. To encourage students to adopt a healthy lifestyle through health education.

(II) Situational Analysis**(a) Strengths**

1. Students are receptive and willing to learn.
Some team members are experienced and are very familiar with the activities.

(b) Weakness

1. Some students experience a lack of basic knowledge and awareness of sex education.
2. Some students would prefer to stay outside school during lunch hour and they are not interested in joining the activities.

(c) Opportunities

1. Team members are more familiar with the follow-up lessons in junior forms.

(d) Threats

1. Students' basic knowledge and awareness of sex education has to be developed.

(III) Highlight

- (a) Joyful Fruit Day (Department of Health)
 - i. To promote fruit eating among students. It is well established that adequate fruit and vegetables intake regularly can reduce the risk of developing heart diseases, stroke and certain cancers.

(IV) Short Term Direction

- (a) Students’ self-management and self-discipline capabilities are improved.
- (b) Students are inculcated a proper attitude towards love and sex.

(V) Areas of Concern

1. Major Concern 2: Students as visionary leaders with necessary positive values including self-discipline and respect inculcated

Program title (1): _____ Talks about healthy eating habit (S.1 & 3)_____

Targets	Strategies	Success Criteria	Methods of Evaluation	Time Scale	Person in charge	Resources Required
Provide students with opportunities to practice what they have taught systematically through the informal curriculum.	<ul style="list-style-type: none"> ● Organize talks on healthy eating habit for S.1 and S.3 students. ● Invite Nurses of the Department of Health to host the programme. ● Organize pre-sessional meeting and post sessional debriefing. 	Students’ self-management and self-discipline capabilities are improved through adopting more healthy eating habits.	Collect feedback from students and observe the students’ degree of involvement during the talks.	Feb & Mar 2020	TPM	

Program title (2): Joyful Fruit Day_(whole school)

Targets	Strategies	Success Criteria	Methods of Evaluation	Time Scale	Person in charge	Resources Required
To promote fruit eating among students.	Organize a Joyful Fruit Day.	Students can understand the importance of eating fruit and vegetable regularly.	Collect feedback from students and observe the students' degree of involvement during the activity.	April 2020	YHP	Fruit Gifts I-pads boards

Program title (3): A talk about anti-smoking (S.3)

Targets	Strategies	Success Criteria	Methods of Evaluation	Time Scale	Person in charge	Resources Required
Educate students on smoking and health matters	Invite the Hong Kong Council On Smoking and Health (COSH) to host a talk about anti-smoking.	Students can understand the harmful effect of smoking.	Collect feedback from students and observe the students' degree of involvement during the talk.	October 2019	TPM	

Program title (4): S2 Activity Day –“SHIELD”(S.2)

Targets	Strategies	Success Criteria	Methods of Evaluation	Time Scale	Person in charge	Resources Required
Cross –team collaboration with the Guidance Team Increase students' vigilance against drinking on tempting occasions	Invite social workers from Tung Wah Hospital and staff from School of Public Health of HKU to conduct a workshop for students.	Positive feedback from students Summary reports of the questionnaires show students' knowledge about the harmful effects of drinking and their vigilance and resistance against binge drinking is enhanced.	Summary reports of the questionnaires (pre-workshop, post workshop)	July 2020	THL	

Program title (5): _____ Chastity Week _(whole school)_____

Targets	Strategies	Success Criteria	Methods of Evaluation	Time Scale	Person in charge	Resources Required
Provide students with opportunities to practice what they have taught systematically through the informal curriculum	<ul style="list-style-type: none"> ● Partner with The Hong Kong Catholic Marriage Advisory Council to provide students of the whole school professional and comprehensive "Love and Life Education" program. Different sex-related topics were chosen for different forms according to their interest and abilities. ● Partner with the Religious Studies Panel to organize a 'Chastity Week'. 	Students are inculcated a proper attitude towards love and sex.	Collect feedback from students and observe the students' degree of involvement during the activities.	March 2020	TPM/WKY	\$4000 (Hiring service provider) Boards Gifts IPad

Program title (6): _____ Healthy information for a healthy mind (English drama performance)_(S.2)_____

Targets	Strategies	Success Criteria	Methods of Evaluation	Time Scale	Person in charge	Resources Required
Educate students to stay away from unhealthy information like obscene and indecent materials.	Invite Spring-Time Experimental Theatre to perform a drama with the theme 'Healthy Information for a Healthy Mind'.	Students can stay away from unhealthy information.	Collect feedback from students and observe the students' degree of involvement during the drama.	March 2020	TPM/THL	

(VI) Other panel-based / team-based concerns:Program title (1): Student Health Service (Department of Health)_(whole school)

Targets	Strategies	Success Criteria	Methods of Evaluation	Time Scale	People in charge	Resources Required
To cater for the health needs at various stages of children development. To safeguard both the physical and psychological health of school children.	To encourage students to participate in the Student Health Service (Department of Health). Through physical examination, screening for health problems and individual counseling.	More than 50% of the students participate in the service program.	Count the number of participants and the percentage of enrollment in each form.	November 2019 to July 2020	TPM	

Program title (2): A talk about organ donation (S.5)

Targets	Strategies	Success Criteria	Methods of Evaluation	Time Scale	Person in charge	Resources Required
Heighten students' awareness of organ donation	Invite doctors and nurses of the Department of Health to host a talk about organ donation.	Students can understand the importance of organ donation. Students are willing to register as organ donors.	Collect feedback from students and observe the students' degree of involvement during the talk.	April 2020	TPM	

(VII) Provisional Scheme of work

Month	Events	PIC / VPIC
25 Oct 2019	Anti-smoking 無煙新世代(S.3)	TPM
20 Feb 2020	Healthy Eating Habit 食得其法(S.3) + 1 follow-up lesson	TPM
11 Mar 2020	Healthy Eating Habit 識飲識食新人類(S.1) + 1 follow-up lesson	TPM
28 Feb 2020	Sex Education 網絡陷阱(S.1) + 1 follow-up lesson	
2 March 2020	Sex Education 色情文化的衝擊(S.2) + 1 follow-up lesson (友情與愛情)	
3 March 2020	Sex Education 真愛值得等(S.3) + 1 follow-up lesson	
4 March 2020	Sex Education 為戀愛作準備(S.4)	
5 March 2020	Sex Education 生命無價(S.5) (Chastity Week)	TPM/WKY
24 March 2020	Healthy Information for a Healthy Mind 齊享健康資訊健康短劇(S.2)	TPM/THL
April	Joyful Fruit Day & Exhibition about healthy eating habit	YHP
29 April 2020	Organ donation (S.5)	TPM
9 July 2020	S2 Activity Day –“SHIELD”	TPM

(VIII) Budget and Other Resources

	Amount
EXPENDITURE	
A. General Panel / Team-based budget	
A1. Buying fruit for the 'Joyful Fruit Day'	\$ 2,000
A2. Fee for hiring service provider	\$ 4,000
Sub-total (A) =	\$ 6,000

B. CEG	
	Sub-total (B) = /
C. Furniture and Equipment (F & E)	
	Sub-total (C) = /
D. DLG	
	Sub-total (D) = /
E. Reading Grant	
	Sub-total (E) = /
F. Life Wide Learning Grant (LWLG)	
	Sub-total (F) = /
G. Budget of items using other specific grant from EDB* : _____ *Chinese History, NCS or Student Support grant	
	Sub-total (G) = /
H. Other Resources	
	Sub-total (H) = /
	Total Expenditure = \$6,000

(IX) Members

Tang Pui Man
 Chow Yin Hung
 Tam Hor Lei
 Wong Po Shan
 Wu Ka Yat

Yeung Hon Pan